

STRATEGIC ANNUAL REPORT

2025 Overview



**LONGFORD
SPORTS
PARTNERSHIP**
— SPORT IRELAND —

PRESENTED TO

Longford Sports Partnership Board

PRESENTED BY

Sarah Mulligan

FEBRUARY 2026

2025: KEY HIGHLIGHTS AND STATISTICS

26,709

Total Participants Supported by Longford Sports Partnership Programmes

Key Highlights

- **656** programmes delivered.
- **€881,811** secured for sport and physical activity.
- **46** clubs supported through grant funding.

LONGFORD SPORTS PARTNERSHIP

Overview of our initiatives from January to December 2025



Every day in communities across the country, Sport Ireland through its network of Local Sports Partnerships (LSP) helps people to get active and removes barriers to sport and physical activity. Collaborating with trusted professionals and valued volunteers the Longford Sports Partnership engage communities across the country to deliver inclusive, impactful, and sustainable opportunities tailored to local needs, getting Ireland more physically active, involved in sport, and improving the mental and physical health of the nation. 2025 was an extremely active and productive year for Longford Sports Partnership.

Our Sports Inclusion and Disability Officer, Physical Activity for Health Officer, Outdoor Sports and Diversity Inclusion Officer, Community Sports Development Officer, Outdoor Recreation Officer, ESF Social Innovation Officer and Administration staff all worked together to provide a suite of opportunities right across the whole life spectrum of participants in Longford. During 2025 Longford Sport Partnership supported 26,709 participants with 656 programmes. Below is a selection of the participation programmes and activities Longford Sports Partnership offered during 2025.

COMMUNITY SPORT & PHYSICAL ACTIVITY PROGRAMMES

Longford Sports Partnership community sports and physical activity programmes contributed enormously to the health and wellbeing of people of all ages throughout County Longford in 2025. Engaging the local community was assisted through strong partnerships with local sports clubs, community groups, community services and schools. Programmes and events designed and promoted in collaboration with these community groups proved remarkably successful again in 2025. Programme highlights included our Summer Walking Series, 5K Run Series, Zero to Tri Beginners Triathlon, Women on The Water programme, Bike Week, Cycle Right schools safe cycling programme, Her Outdoors Week, Women in Sport Week, Sports Hall Athletics Programme and Her Moves programmes to name a few.

Try A Tri Triathlon: This event in partnership with Longford Triathlon Club supported a beginners triathlon introduction programme where beginner took part in three sessions of swim, bike and run each week for 10 weeks leading up to a Try a Tri event. Over sixty participants took on the challenge of this Try a Tri triathlon in Coral Leisure Longford and Albert Reynolds Peace Park.

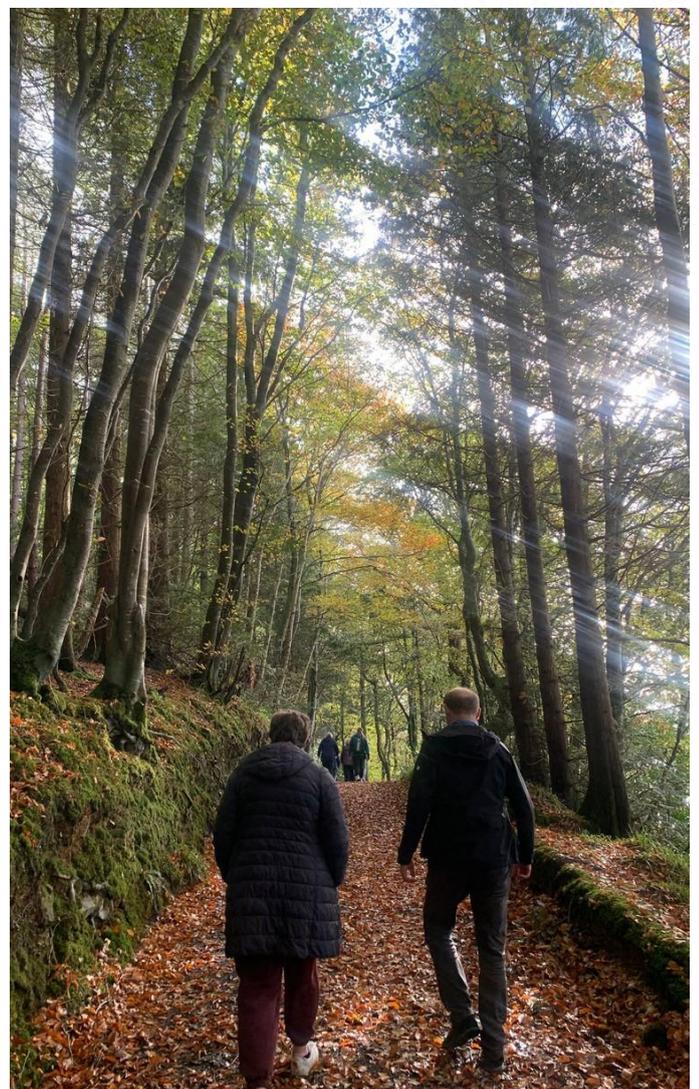
Throughout the summer months over eighty women experience the joy of paddling County Longford's Lake and rivers as part of our popular women's kayaking programme. The programme guided participants through a beginners learn to kayak programme. Participants gained new skills and became confident on the water.

Our Summer Walking Series held in conjunction with Longford Tourism proved extremely popular in 2025, 150 participants took part. The series encourage walkers to get active in nature by using some of the wonderful walking trails in County Longford. The series ran through August with eight walks right across the County. Participants that completed all eight walks in our walking series challenge received a walking series t-shirt. This year's 5k Run Series was promoted by Longford Athletics Club. The series took place on the Royal Canal Greenway in Longford town during August. The series is focused on attracting beginners and recreational runners and encouraging participation. This year over three hundred participants took part over the duration of the series.

COMMUNITY SPORT & PHYSICAL ACTIVITY PROGRAMMES

Cycle Right Programme is a Transport for Ireland programme delivered through Longford Sports Partnership. It provides safe cycling training to primary school children. The programme takes place over eight weeks, leading up to a supervised safe road cycle where students are supported to put into practice safe cycling skills and knowledge gained over the previous weeks. In 2025 22 primary school groups participated in the Cycle Right Programme with 481 children benefiting.

Longford Sports Partnership supported several national sport and physical activation campaigns throughout 2025. These campaign initiatives highlight the positive benefits of sport and physical activity involvement and created awareness around participation opportunities that exist within the community. In 2025 a range of events, programmes and taster sessions were organised. Campaigns included, European Week of Sport, Her Outdoors Week, Women in Sport Week, National Walking Week, Men's Health Week and more.



PHYSICAL ACTIVITY OFFICER FOR HEALTH

Supporting healthy ageing requires accessible, inclusive programmes that promote physical activity, independence, and confidence while addressing the broader safety and wellbeing needs of older adults and people living with chronic conditions. Programmes provided by Longford Sports Partnership such as Woodlands for Health, Moving for Better Balance, and Staying Safe and Active provide an age friendly and chronic conditions focused community-based approach to health promotion that enables people to remain active, connected, and safe within their own communities. Through Longford Sports Partnership (Sport Ireland and HSE funding) many different physical activity programmes were conducted throughout 2025 the following highlights only a few.

Woodlands for Health offers a gentle entry point into physical activity for people managing long-term conditions such as those suffering from mental health problems who experience a range of conditions like anxiety, depression impacting their thoughts, feelings, and behaviours. Guided walks in local woodland settings (Newcastle Woods, Derrycassin Woods etc.) provide a supportive environment where participants can move at their own pace, pause when needed, and focus on what their bodies can do. The natural setting reduces stress and fatigue while encouraging regular movement, social interaction, and a sense of achievement that often translates into greater confidence in daily life.

For those who need a more structured approach, Moving for Better Balance focuses on the physical challenges commonly associated with chronic conditions, including reduced strength, balance, and endurance. The programme is specifically designed to help participants improve functional movement, reduce fall risk, and regain trust in their bodies. Exercises are adapted to individual ability and delivered in a supportive group environment, where participants learn practical strategies for managing symptoms while staying active. Over time, many report improved confidence in walking, standing, and performing everyday tasks.

Physical activity alone is not enough if people do not feel safe or supported in their wider environment. Staying Safe and Active recognises this by integrating practical safety education into exercise programmes. Delivered in partnership with local Gardaí, fire services, and pharmacy professionals, the programme addresses issues that disproportionately affect people living with chronic conditions, such as medication safety, fall prevention in the home, personal safety, and managing risk in the community. Gentle self-protection and confidence-building elements help participants feel more secure and empowered to remain active outside structured classes.

Together, these programmes reflect a holistic approach to supporting people with chronic conditions and older persons. By combining adapted physical activity programmes, safety education, and strong community partnerships, they help individuals move beyond fear and limitation toward greater independence, confidence, and quality of life. Rather than focusing on illness, the emphasis is on capability, participation, and enabling people to live well in their own communities.

ESF+ SOCIAL INNOVATION IN SPORT OFFICER

In 2025, the ESF+ Social Innovation Officer led the delivery of a broad range of inclusive, community-led physical activity initiatives across County Longford, with a strong emphasis on co-design, reducing barriers to participation, strengthening wellbeing, and creating sustainable pathways into sport. Programmes engaged multicultural women and men, Traveller and Roma communities, people with disabilities, socially isolated individuals, and those experiencing disadvantage, resulting in multi-sport programmes, walking initiatives, Zumba, Couch to 5K, swimming, soccer, dance, tag rugby, and tailored personal training.

Key developments included participant-designed programmes delivered in partnership with organisations such as St. Christopher’s Disability Service, Leinster Rugby, MABS Longford, and the Traveller Primary Health Project, alongside culturally responsive initiatives such as the Urban Horse Project with children from the Travelling Community. The work also supported individual progression through sport-based employment pathways and early intervention engagement with at-risk young people, demonstrating the wider social, personal, and inclusion outcomes that can be achieved through sustained, community-driven social innovation in sport.



OUTDOOR RECREATION OFFICER

Longford County Outdoor Recreation Plan was developed with support from the Department of Rural and Community Development. The process was led by Outscape between December 2024 – May 2025 on behalf of a Project Team consisting of Longford outdoor recreation stakeholders. The process followed the guidance set out in 'Guidelines for Development - County Outdoor Recreation Plans' developed by DRCD (2024). The Project Team included:

1. Longford County Council (LCC)
2. Longford Sports Partnership
3. Longford Community Resources
4. National Parks and Wildlife Service (NPWS)
5. Fáilte Ireland
6. Bord na Mona
7. Coillte
8. Waterways Ireland
9. Roscommon LEADER Partnership (National Trails Register)

In line with the national guidelines, the Project Team drove the direction of the Plan's development. The County Outdoor Recreation Committee continues to develop and progress with great enthusiasm to develop all the opportunities that Longford has to offer.

Our new Outdoor Recreation Officer for Longford started in the role in early September. As ORO they have been networking and collaborating with the various departments who are linked to the role along with external organisations key to the development of Outdoor Recreation within County Longford.

The Longford County Outdoor Recreation Plan continues to be developed and is now entering the final stages. The definitive version of the Plan has commenced the screening process, this will ensure that the proposal is appropriate, sustainable, and aligned with broader goals. Once the screening is complete it will allow the plan to be launched and pave the way for a more collaborative approach towards unlocking the positive impacts of Longford's outdoor recreation.

SPORTS INCLUSION DISABILITY OFFICER (SIDO)



In 2025, the SIDO Programme delivered seventy inclusive programmes, engaging 1,993 participants across County Longford. These programmes provided meaningful, accessible opportunities for people with additional needs to participate in physical activity and sport within safe, welcoming, and supportive environments.

A wide range of inclusive programmes were delivered throughout the year, including Inclusive Tai Chi, Gym & Gymnastics, Inclusion Athletics, Chair Exercise Programmes, Learn to Cycle, the Disability Services Boccia League and Tournament, the first Secondary Schools Special Education Classes Boccia Tournament, Inclusion Sports Days & Ability Cúl Camps delivered in collaboration with Longford GAA, and inclusive summer programmes such as Pitch & Putt in collaboration with Pitch & Putt Ireland. Activities were delivered across a variety of accessible venues throughout County Longford.

A key highlight of 2025 was the continued partnership with the HSE Children's Disability Network Team (CDNT) Longford. The jointly delivered Inclusion Athletics Programme was presented at the HSE CDNT National Conference and shortlisted for the Ann Beckett Award, recognising excellence in inclusive practice.

The Ability Coaching Programme was successfully launched in Longford with support from Sport Ireland Dormant Accounts Funding. The programme enabled Sixty-nine adults with additional needs and/or from disadvantaged backgrounds to achieve coaching qualifications through partnerships with Longford GAA, Handball Ireland, Athletics Ireland, Volleyball Ireland, and Orienteering Ireland. Participants also completed Safeguarding Level 1 training, Disability Inclusion Training with Active Disability Ireland, and Basic First Aid training, strengthening inclusive coaching capacity within the county.

A number of newly qualified coaches have since commenced active coaching roles within inclusive clubs, GAA clubs, and within their own communities or services. They are an inspiration to all and clearly demonstrate what is possible when inclusive opportunities are provided.



OUTDOOR SPORTS AND DIVERSITY INCLUSION OFFICER

A six-week boxing programme was delivered during October and November at The Green, Edgeworthstown, in collaboration with LCRL Youth Services. The group met once a week for one hour, facilitated by a qualified boxing coach, who functioned as tutor throughout the programme. This activity was highly requested by the group and proved successful. Participants gained significant benefits, including improved fitness levels, boxing technique, and overall enjoyment from taking part. Archery for Youths was a 4-week programme was run in conjunction with Youth Reach Longford. The group were shown the basics & safety of the sport, along with direct coaching from experienced instructors, building self-confidence and having plenty of fun along the way. Sports Taster Sessions took place during the Halloween holidays we ran taster sessions involving soccer, handball, and table tennis. The sessions attracted twenty boys and girls from ages 5-12. Each group got 45 mins at each sport. Each sport was run by a suitably qualified tutor.

Roma Men's Soccer was a 10-week programme offering men from the Roma community in Longford and surrounds an opportunity to improve overall physical health and promote social inclusion through the universal appeal of soccer. Participants developed teamwork, discipline, and a stronger sense of belonging within their community. Also, a 10-week gym and swim programme where a group of men from the Roma community in Longford committed to showing up for their health, with a weekly gym session followed by a swim at the local pool. This led to improved fitness, better wellbeing, more confidence, and a solid sense of routine.



OUTDOOR SPORTS AND DIVERSITY INCLUSION OFFICER

Multicultural Women’s Yoga ran over 6 weeks in Edgeworthstown, this yoga programme was aimed at improving both mental and physical well-being. The sessions facilitated by a qualified Yoga instructor created a calming space for relaxation, stress reduction, and self-care, fostering community connections among participants from diverse cultural backgrounds.

Swim Lessons took place in September 2025 the Outdoor Sports and Diversity Inclusion Officer from Longford Sports Partnership collaborated with a group from LCRL – Longford Community Resources to undertake a set of swimming lessons. The lessons took place in Coral Leisure Longford for a total of 5 weeks with nine participants from Ardnacassa Women’s Group.

The programme consisted of basic swim instruction as most non swimmers were. Along with water confidence tips and exercises, the participants also learned about water safety. Feedback from the group was positive with the participants hopeful of doing another set in 2026. In the meantime, they reported feeling more confident about attending the pool as recreational users to practice and have fun with members of their families.

A tennis programme for Women Programme in Edgeworthstown took place over 6 weeks during September & October. For 1 hour each week a qualified tennis coach helped improve skills, increase confidence, with plenty of laughs shared along the way.



GOVERNING BODY (NGB) SPORT IN THE COMMUNITY

Longford County Council support the Football Association of Ireland (FAI), Irish Rugby Football Union (IRFU) and the Gaelic Athletic Association (GAA) to provide National Governing Body (NGB) community programmes in Longford, managed by Longford Local Sports Partnership. The initiative is provided by each organisation through local development officers who plan and organise programmes and initiatives that focus on supporting clubs and coaches, increasing participation, and improving retention rates. Longford County Council Community development officer collaborates with community sport clubs and local primary and secondary school and community groups. In 2025 schools and clubs throughout County Longford benefited from NGB Development Officer support.



COMMUNITY SPORTS HUBS

Longford Sports Partnership continue to support Community Sports Hubs in Drumlish, Edgeworthstown and Longford. Community Sports Hubs are managed independently by local committees with community sports facilities. Community Sports Hubs focus on increasing physical activity and sports participation rates at a local level. Particular attention is placed on participation rates amongst less frequent users. In 2025, a wide range of activities and initiatives took place in County Longford hubs. These included schools' programmes, sports club programmes, community fitness programmes, older adult programmes, minority, and inclusion programmes, coaching and leadership programmes.

CLUB DEVELOPMENT & VOLUNTEER SUPPORT GRANT

The Club Development and Volunteer Supports Grant supports not-for-profit organisations. In 2025, 46 organisations secured grants of €21550 to support their structures, coaching, education, and target group initiatives. Organisations benefitting from this grant include many local GAA and football clubs, as well as many other sports clubs.

LONGFORD SPORTS STAR AWARDS

The Sports Star Awards, in association with Longford Leader were held on Saturday, 30 November in the Longford Arms Hotel. This was a brilliant event which recognised the achievements of Longford's high performing athletes and resolute coaches' volunteers and officials.

Overall Sports Person of the Year Award was presented to Cian McPhillips, for his exceptional achievement of representing Ireland in the World Athletics Championship Final and becoming Irish 800m record holder.



OTHER CATEGORY WINNERS ON THE NIGHT INCLUDED:

Hall of Fame to Liam Fenelon, Longford's magnificent 'Marathon Man.' The Longford Marathon began in 2002 and it was organised to mark the completion of Liam's 100th Marathon – and for the record he has completed hundreds more in the intervening years.

Club Volunteer of the Year went to Rheda Quinn, County Longford Golf Club her leadership and effective management has meant the junior section has thrived to become a vibrant part of Longford Golf Club and a vital element of its future with numbers growing from 25 to 100.

Team of the Year went to Killoe Senior Footballers, whose tremendous winning record in Senior Football Championship finals continued with a single point success over Colmcille in 2025. Putting the seal on a treble for the club as they claimed the Junior A and C football championship titles on the same weekend while the Killoe ladies were crowned county intermediate queens.

Junior Sportsperson of the Year was Robin Óg Murphy, captured four national titles and the 17-year-old star also performed on the World Athletics Race Walking Tour at events in Spain, Slovakia, and Poland.



Sports Ability Award went to Seán Keenan who has been involved in sport for the past 27 years, is a member of Longford Special Olympics Bowling Club, Longford Phoenix Special Olympics Basketball Club and Mullingar Shooting Stars Special Olympics Club, where he plays soccer and floorball, along with that, being a valued member of Longford Rambler and Hikers Club.

In addition to the above the following sportspeople were awarded for the huge talents and achievements in their sport: Andrew Fitzpatrick, Athletics, Fionn McCormack Crowe, Soccer, Cian McPhillips, Athletics, Micheál Mulcahy, GAA Hurling, Evelyn Murray, Equestrian, John Nevin, Boxing, Orla Nevin, Ladies Football, Goodness Ogbonna, Soccer, Mia Rowan, Rugby and Joe Shannon, Snooker.

LONGFORD SPORTS BURSARY

Longford Country Council provide €10,000 to be awarded to some of Longford's outstanding sports people in 2025. These sports bursaries are awarded to help support local athletes that are performing at an elite international level and bringing positive recognition to Longford. This year's recipients were:

Jake Bermingham is a freestyle kayaker from Colehill, Ballymahon. Jake placed 15th in European Freestyle Kayak Championships in Austria 2024 and was also proud to become the Canoeing Ireland Junior Male Freestyle Kayaker of the Year 2024.

Cian McPhillips is a middle-distance athlete from Ardagh. During the Senior World Championships 2025 in Tokyo Cian won his heat and the semi-final and finished an incredible fourth place in the final. During this event he broke the 800m national record in the semi and then again in the final, making him the current national 800m record holder.

Darragh Greene is a swimmer from Newtownforbes. He proudly represented Ireland at the 2024 Paris and 2020 Tokyo Olympics. Darragh is an Irish Champion and National record holder in the 50m, 100m and 200m breaststroke, and holds the record for the first Irish swimmer to break 60 seconds in the 100m breaststroke. He was a finalist in multiple European/World Championships and was a World University Games Finalist in 2017.

Emma Brennan is an athletics champion from Drumlish.

Robin Óg Murphy is a track and field athlete from Kenagh. Robin was selected by Athletics Ireland to be part of the National Performance Pathway Squad for 2025. Recently, she secured gold in the U18's World Athletics Race Walking Tour in Warsaw.

Shane McGuigan is a rugby player from Granard. Shane captained the Longford U18 rugby team that won the Leinster plate in May 2025. After trials, he joined the Leinster U19 combined schools and club side for summer 2025.

Joe Shannon is a snooker player from Kilmore. Joe is the current National U14 Champion and National U16 Champion.

John Nevin is an amateur boxer from Longford Town. John is currently training with the Olympic Boxing Club in Galway. He won three consecutive All Ireland titles in 2023, 2024 and 2025, also becoming the 2024 U17 Denmark International Box Champion.

Jakub Pasieczny is a basketball player from Longford Town. Jakub has represented Ireland on the International stage multiple times for the U18 panel. After receiving the American Junior College Men's Basketball Scholarship in Kansas in August 2024.

LONGFORD SPORTS BURSARY AWARDS WINNERS



RESOURCING AND FUNDING

Longford Local Sports Partnership secured €881811.50 for sport and physical activity in Longford 2025.

With larger funding coming from:

Sport Ireland Core Funding **€307,059**

Dormant Accounts **€124,540**

ESF Funding **€125,650.73**

Physical Activity for Health **€94,667**

Healthy Ireland **€31,590**

A heartfelt thank you to the Longford Sports Partnership board, all partners, funders, and participants who made these programmes possible in 2025. With your support, Longford Sports Partnership are paving the way for a more active future in sports and physical activity.

THE LSP TEAM

The Longford Sports Partnership team is responsible for the day-to-day planning, coordination and delivery of programmes and initiatives across the county. Working in partnership with community groups, clubs, schools, agencies and national governing bodies, the team develops inclusive and sustainable opportunities that increase participation in sport and physical activity.

Our officers lead on areas including inclusion and disability, community development, outdoor recreation, physical activity for health, social innovation, diversity, and participation. In addition to programme delivery, the team manages reporting, governance requirements, funding compliance, communications, and partnership development to ensure high quality and accountable service delivery.

KEY TEAM CONTACTS

Role	Name	Phone	Email
Partnership Coordinator	Sarah Mulligan	086 044 6693	smulligan@longfordcoco.ie
Sports Administrator	Aisling Lee	043 33 43493	sports@longfordcoco.ie
Programme Manager	Donal Mulligan	086 414 4968	dmulligan@longfordcoco.ie
Sports Inclusion & Disability Officer	Tess Gillen	086 602 1716	tgillen@longfordcoco.ie
Outdoor Recreation Officer	Mark Noble	086 834 1679	mnoble@longfordcoco.ie
Community Sports Development Officer	Alan Fitzpatrick	086 834 0196	afitzpatrick@longfordcoco.ie
ESF+ Social Innovation in Sport Officer	Michael Reilly	086 102 0680	mreilly@longfordcoco.ie
Physical Activity for Health Officer	Stephen McNally	086 168 6041	stmcnally@longfordcoco.ie
Outdoor Sports & Diversity Inclusion Officer	Enda Gillen	086 833 9193	egillen@longfordcoco.ie
FAI Development Officer	Aishling Conway	086 191 7549	aisling.conway@fai.ie
Rugby Development Officer	Glen Baskett	087 672 7002	longfordccro@leinsterrugby.ie
GAA Games Promotion Officer	Vacant		

THE LSP BOARD

The Board of Management provides strategic oversight, governance, and accountability for Longford Sports Partnership. Representing a broad cross section of sectors including local authority, health, education, community development, sport and public participation networks, the Board ensures that the organisation operates in line with national policy, funding requirements and local needs.

The Board sets direction, monitors performance and supports the development of sustainable, inclusive, and impactful programmes across County Longford. Through collective leadership and independent oversight, the Board plays a vital role in maintaining transparency, good governance, and long-term strategic focus.

BOARD MEMBERS

Sector / Organisation	Member(s)
Elected Representatives	Cllr. David Cassidy Cllr. Niall Gannon Cllr. Martin Skelly
Longford County Council – Director of Services	Samantha Healy
Health Service Executive	Clodagh Armitage
Longford Community Resources CLG	Ronan Bannon
Education	Ben McCormack
An Garda Síochána	Garda Caroline Keogh
Youth – PPN	Vacant
Facilities Representative	Mary Denny
Older Persons – PPN	Pamela Martin
Disability – PPN	Kay Cullinan
Sporting Representative 1 / Chairperson	Tony Headon (IRFU)
Sporting Representative 2	Peter O'Reilly (GAA)
Minority Sport – PPN	Michelle Brady
Aquatics – PPN	Kaso Nyirenda

PARTNERS AND STAKEHOLDERS

Longford Sports Partnership works in close collaboration with a wide range of partners and stakeholders to deliver inclusive, community focused opportunities across the county. Our work is built on relationships with local clubs, community organisations, schools, disability services, youth services, national governing bodies of sport, statutory agencies, and representative groups.

As part of the national Local Sports Partnership network, Longford Sports Partnership is core funded by Sport Ireland and hosted by Longford County Council. The continued leadership, investment, and strategic support of these two key partners enables the delivery of inclusive, high-quality programmes aligned with both national participation objectives and local community priorities.

Through these partnerships we can identify local need, reduce barriers to participation and ensure that programmes are responsive, accessible, and sustainable. Collaboration allows us to pool expertise, share resources and maximise impact for participants and communities.

In 2025, we engaged with the following organisations and representative bodies:

External and Community Partners

Active School Flag
 An Garda Síochána
 Bord Na Mona
 Coillte
 Community Centre
 Community Club
 CYPSC
 ETB
 Gyms
 HSE
 Irish Water Safety
 LCDC
 LEADER Development Company
 Leisure Centres
 Local Authority
 Men's Sheds
 NPWS
 Clubs
 Parkrun
 PPN
 Primary School
 Scouts
 Secondary School
 Sports Club
 Third level
 Waterways Ireland
 Youth Service

List any other partners

Irish Wheelchair Association School
 Irish Wheelchair Association School
 Leavers and Day Service
 St Christopher's Services Rehab
 Care
 Disabled People of Longford
 St Joseph's Day Care Centre
 AIRC Midlands
 Children's Disability Network Team
 Longford
 National Learning Network
 Midlands Regional Drug and Alcohol
 Task Force
 Probation Service
 Merchants Quay Ireland
 Other Local Sports Partnerships
 Longford Community Resources CLG
 Irish Traveller Movement Limerick
 Projects
 Money Advice and Budgeting Service
 Exchange House Ireland
 Offaly Traveller Movement
 Longford African Network
 Age Friendly Ireland – Longford

List of NGBs

Gaelic Athletic Association
 GAA Handball
 Irish Athletic Boxing Association
 Irish Clay Target Shooting
 Association
 Irish Judo Association
 Irish Rugby Football Union
 Orienteering Ireland
 Pitch and Putt Ireland
 Swim Ireland
 Table Tennis Ireland
 Tennis Ireland
 Triathlon Ireland
 Volleyball Ireland

List of Disability NGBs

Irish Wheelchair Association
 Sport
 Special Olympics Ireland

LOCAL NETWORKS AND STRATEGIC REPRESENTATION

In addition to programme delivery, Longford Sports Partnership actively contributes to local strategic planning and interagency collaboration through representation on key networks and committees across the county. This engagement ensures that sport and physical activity are embedded within broader community wellbeing, safety, and development frameworks.

In 2025, Longford Sports Partnership was represented on the following local and national networks and committees:

Local

- ◆ Healthy Longford
- ◆ Intercultural
- ◆ CYSC
- ◆ Longford Tourism
- ◆ Community Safety Partnership
- ◆ CORC
- ◆ County Longford Drug and Alcohol Forum
- ◆ LCC Capital Delivery Team
- ◆ Age Friendly Longford

National

- ◆ Sport Ireland Sports Partnership Network
- ◆ Sport Ireland ORO pilot
- ◆ Sport Ireland PAFH Pilot
- ◆ Sport Ireland National Diversity and Inclusion Advisory Board
- ◆ ICPOP Longford/ Westmeath

Through active participation in these forums, the LSP contributes to coordinated planning, shares expertise, supports cross sector initiatives and ensures that physical activity remains a recognised tool for community development, inclusion, and health improvement.

COMMUNICATIONS AND SOCIAL MEDIA

Longford Sports Partnership works in close collaboration with a wide range of partners and stakeholders to deliver inclusive, community focused opportunities across the county. Our work is built on relationships with local clubs, community organisations, schools, disability services, youth services, national governing bodies of sport, statutory agencies, and representative groups.

Through these partnerships we can identify local need, reduce barriers to participation and ensure that programmes are responsive, accessible, and sustainable. Collaboration allows us to pool expertise, share resources and maximise impact for participants and communities.

We are grateful for the continued support, trust and shared commitment of our partners, whose contribution strengthens the reach and quality of sport and physical activity provision in County Longford.

OUR PLATFORMS

We actively communicate through our website and across social media channels including Facebook, Instagram, LinkedIn, and YouTube, ensuring information is accessible to a broad and diverse audience.

CONNECT WITH US



Website

<https://www.longfordsports.ie>



Facebook

<https://www.facebook.com/longfordsportspartnership>



Instagram

<https://www.instagram.com/longfordsportspartnership/>



LinkedIn

<https://www.linkedin.com/in/longford-sports-partnership-b435143a8/>



YouTube

<https://www.youtube.com/@longfordlsp9207>

THANK YOU



**LONGFORD
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PRESENTED BY
Sarah Mulligan